



INSTITUTE FOR  
INTERNATIONAL  
MEDICINE

## Instructions for OB Ultrasound Models

Thank you for offering to serve as an obstetrics ultrasound model for the INMED Professional Qualification Course in Ultrasound for Primary Care. Ultrasound is extremely useful in monitoring the health of both a pregnant woman and her baby. It is also painless, rapid, and safe. Those participating in this INMED OB ultrasound course are physicians, physician assistants, and advanced practice nurses. They will use ultrasound equipment to scan you and your baby as they perfect their skills.

Please familiarize yourself with the following guidelines:

- Please schedule for a maximum of 4 hours per day to avoid fatigue.
- Be ready to provide your name, phone number, email address and postal mailing address. INMED will use this information to contact you regarding your time commitment and generate your payment check.
- Please wear loose fitting clothing such as sweat pants or yoga pants, in order to allow access to your abdomen and upper pelvis.
- Women in their first three months of pregnancy should drink water about one hour before arriving. A full bladder is necessary to allow visualization of the uterus early in pregnancy.
- Ultrasound gel will be applied to your skin. This rarely causes any reaction and will be wiped off when finished.
- Every effort will be made to protect privacy and modesty. If you feel any discomfort during ultrasound scanning, please immediately tell the supervisor.

This course will be held on Wed, May 29, at Graceway Church, 5460 Blue Ridge Cutoff, Kansas City MO 64133.

Two shifts are being scheduled: 8am-12pm and 1-5pm.

For assistance the day of, please contact Leda Rivera, INMED Director of Student Affairs, at (816) 522-1378.