



INSTITUTE FOR
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MEDICINE

Instructions for Primary Care Ultrasound Models

Thank you for offering to serve as an ultrasound model! Ultrasound is a medical imaging technology that is rapidly growing in use. It is painless, rapid, and provides very useful information for patient care. Those participating in this INMED ultrasound course are physicians, physician assistants, and advanced practice nurses. They will use ultrasound equipment to scan your body as they perfect their skills.

Please familiarize yourself with the following guidelines:

- Participants should schedule for a maximum of 4 hours per day to avoid fatigue.
- Participants must supply name, phone number, email address and postal mailing address. INMED will use this information to contact you regarding your time commitment and generate your payment check.
- Men & women should wear loose fitting clothing and bring/wear swim trunk or shorts to allow access to your groin and lower abdomen/upper pelvis.
- Women should wear a short strapless top, such as tube top, under her regular shirt instead of a traditional bra. Tube tops (or similar) allow access to the heart and lung areas without exposing breasts. Bras can be problematic as they must be held in place by the model herself or a female colleague.
- Ultrasound gel will be applied to your skin. This rarely causes any reaction and will be wiped off when finished.
- If you feel any discomfort during ultrasound scanning, please immediately tell the supervisor.

For questions, please contact:

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