

Splinting & Immobilization

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What Should Be Checked Both Pre & Post Immobilization?



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Check Pre & Post Immobilization

- F – Function
- A – Arterial Pulse
- C – Capillary Refill
- T – Temperature (Skin)
- S - Sensation

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What Is This Fracture?

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Volar Splint

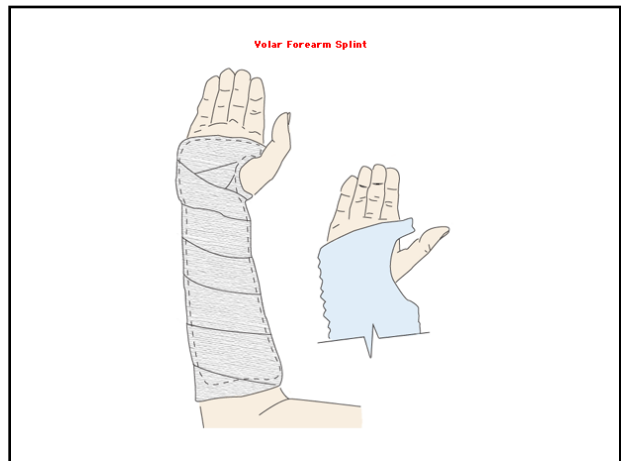
Indications

- Wrist Sprains
- Carpal Tunnel Syndrome
- Lacerations
- *Stable* Distal Radius Fracture

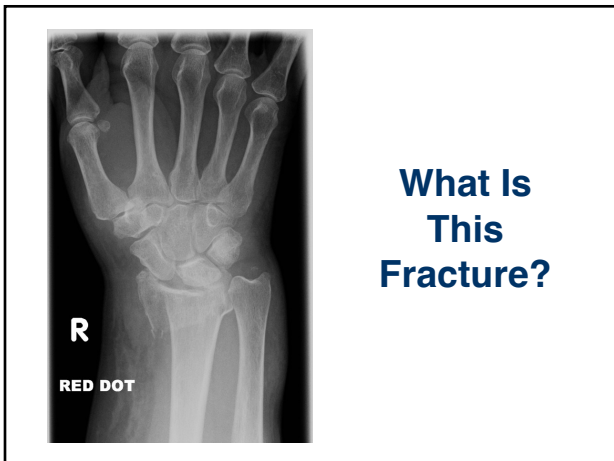
Key Points

- Thumb and fingers remain mobile

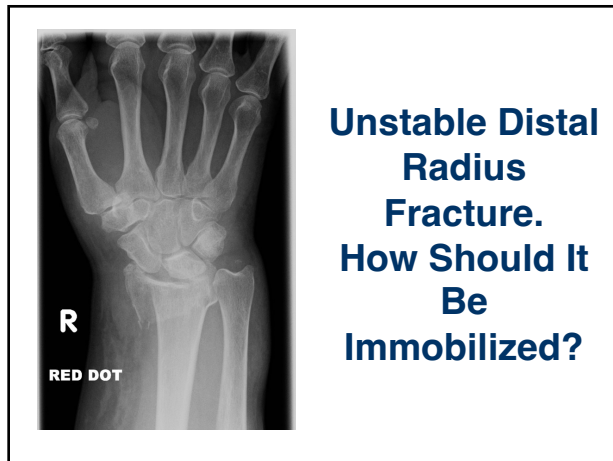
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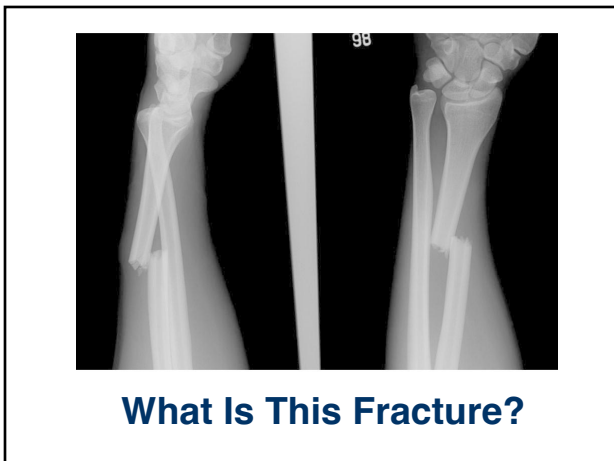
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Sugar Tong Splint

Indications:

- Unstable distal radius fracture
- Forearm fracture



Key Points:

- Measure from behind the elbow up both sides of the arm to the tip of the fingers
- Allow fingers to move at MCP joints

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Sugar Tong Splint

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What Is This Fracture?

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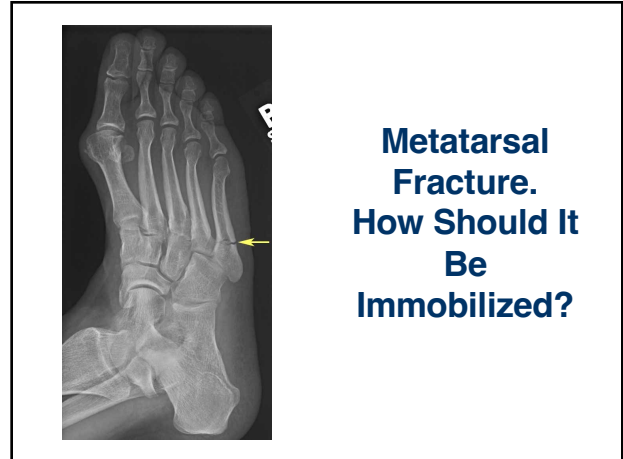


Lateral Malleolus Fracture. How Should It Be Immobilized?

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Posterior Ankle Splint

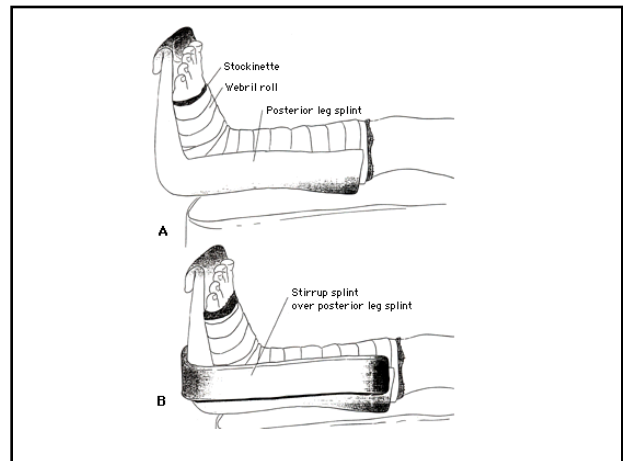
Indications:

- Distal Tib / Fib Fractures
- Ankle Sprains
- Maleolar Fractures
- Metatarsal Fractures

Key Points

- From 2" below the popliteal to 2" beyond toes
- Fold 1" under toes
- Wrap from the toes up
- Maintain ankle at 90 degrees

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For next steps in serving forgotten people
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